



HOOKED UP

Young People Healthy Relationships Newsletter

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Hooked up aim: Our aim is to increase young people’s awareness of healthy relationships, to make good decisions about their intimate partner relationships and to enable them to be safe. In the Hooked Up project we will co- create with young people a healthy relationship App. We will test, implement and disseminate the App across secondary schools in New Zealand. The App will include a pathway for young people as well as a pathway for friends and whanau to enable their support of young people. This project is funded by the Ministry of Business Innovation and Employment.

MEET OUR TEAM



Jane Koziol-McLain

Hooked up Lead Investigator, Director -
Centre for Interdisciplinary Trauma
Research (CITR), Professor of Nursing - AUT

Jane trained as a nurse and has worked in emergency departments, coronary critical care and the community. She’s been involved in research since 1988. In addition to the Hooked Up study she is part of an international research collaborative investigating innovative online tools to improve the safety and wellbeing of abused women. She is currently leading the isafe study and an evaluation of the Violence Intervention Programme in DHBs. She also contributes to United Nations work in strengthening the health care response to violence against women.

SPECIAL INTEREST

TAG: Hooked Up’s Taitamariki (Youth) Advisory Group

Taitamariki are the experts when it comes to their own relationships. They know what works for them and what doesn’t and what they need to support their relationships to be healthy.

This is why the Hooked Up research study has a Taitamariki Advisory Group (TAG). The TAG will be advising the research team throughout our project, providing a young person’s perspective on planning, developing, implementing, analysing and disseminating the co-created App. TAG consists of 8 young people between 13 and 17 years old. They come from different schools and have a real interest in helping other young people to develop healthy relationships.

Recently TAG attended a two day Hooked Up Team meeting and were instrumental in advancing the App’s structure and content. TAG is also helping with constructing the questions we will be using in up and coming focus groups. They are doing a great job!

Check out this resource:

The New Zealand Family Violence Clearinghouse (NZVC) is your national centre for research and information on family and whānau violence. The Clearinghouse provides information and resources for people working towards the elimination of family violence. For more information go to: <https://nzfvc.org.nz/>

Does Your Relationship Measure Up?

Try the [Positive Relationship Quiz](#)

Take the online quiz to see how healthy your relationship is!

<http://www.areyouok.org.nz>